

During tattooing, the skin breaks, causing a wound. If you take good care of the tattoo, it will take about six weeks for this wound to heal.

## Step 1: Leave the foil on.

A self-adhesive foil has been applied to your new tattoo. This film provides water-resistant, antibacterial protection. The foil is waterproof, but the skin can still breathe through this foil. You can leave the foil on for 3 to 5 days. You can shower with it and put on your clothes over it. Some ink and plasma may collect under the foil, this is not a problem and will aid the healing of the tattoo. If you notice that your skin is irritated by the foil, or the foil comes off sooner, you can remove it completely and start with the aftercare.

## **Step 2: Remove the foil.**

Slowly peel off the foil. Be careful not to do this too quickly, as this can damage the skin. Clean the place where the foil used to be, make sure that all glue and ink residues are off. Use "Unicura" or another antibacterial, perfume-free soap and lukewarm water for this. Allow the area of the tattoo to air dry after cleaning, or use a clean towel. You can also use paper towels. Pat the tattoo wound dry, do not rub it.

**Step 3: Apply ointment for two weeks & keep it clean.** After removing the foil you can start applying Bepanthen baby ointment or Bepanthen Tattoo ointment. You apply this ointment once a day, rather too little than too much. When the skin becomes very dry, you can apply more often. Keep doing this for two weeks. Wash your hands before applying antibacterial soap to the tattoo. In addition, it is important to keep the skin clean. You do this by cleaning the tattoo once a day with Unicura hand soap.

## During the healing process, make sure to:

- Touch the tattoo wound as little as possible (wash your hands before caring for the wound).
- Do not scratch the tattoo wound.
- Do not cover the tattoo wound with tight or soiled clothing.
- Do not cover the tattoo wound with plasters or bandages.
- Avoid (bubble) baths, swimming pools, saunas and steam baths.
- Do not expose the tattoo wound to sunlight or the tanning bed.





Bepanthen baby ointment

Unicura Balans handsoap